

It's here!!



**LAUNCHING TUESDAY the 2ND OF
OCTOBER, 4 in 1 FITNESS OUTDOOR
TRAINING**

	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>
6am	Diggers		Wyoming		Erina
6pm		Wyoming	Erina	Diggers	

The locations are:

Wyoming – Gosford Waterfront in between Iguana
Joes and Gosford pool

Erina – Terrigal Haven

Diggers – The Entrance Memorial Park

Bookings essential. Ask reception for more information.